TSW vs Dr. Aron
Comparing Eczema Treatments
A Comparison of Treating Atopic Eczema with the Dr. Aron Regime vs Topical Steroid Withdrawal (TSW)

Dr. Aron Regime
Learn the Pros and Cons of the Dr. Aron Regime.

TSW
Learn the Pros and Cons of TSW.
Pros

Dr. Aron

- Immediate relief. Quality of life is most often quickly restored.
- Red Skin Syndrome is cured in days as the “red” from topical steroids/infection is eliminated with the treatment through the prescription of an antibiotic. It does not return.
- The eczema is positively affected and most often reduced to little or none.*
- The itching is severely reduced and often completely eliminated.
- Hundreds of doctors approve and prescribe the treatment.
- Healing the skin improves other bodily systems. Increased metabolism.
- Least expensive eczema treatment available in the world.
- The most successful eczema treatment in the world, even in severe cases.

TSW

- The red skin “may” eventually improve or subside.
- No risk of topical steroid effects.

* As there is no cure for eczema, the Aron Regime is an atopic eczema treatment program.
Cons

**Dr. Aron**

- Initial doses* of topical steroids are higher than FDA recommended.**
- Any use of an antibiotic prescribed always carries antibiotic resistance with it as a concern.***

* Initial doses are typically only higher in the first few weeks of treatment.

** There are no reports of side effects caused by topical steroid use in the Aron Regime.

*** There are no reports of antibiotic resistance resulting from the Aron Regime.

**TSW**

- Red Skin Syndrome (RSS) takes months or years to be cured with TSW.
- No effect on the underlying eczema so it still remains an issue.
- Painful suffering throughout.
- Risk of infection is high throughout the process, making conditions favorable for extended health issues.
- Itching is not controlled and most often intensified – especially at night.
- Metabolism is slowed as the body is fighting untreated illness throughout the process. Possible growth stunting.
- There have been questionable cases of death resulting from TSW.
- Very few doctors recognize or support TSW as a “treatment”.
- HPA Axis Suppression is a concern since patients are often advised to immediately stop steroid use.
- Little to no quality of life.
- Patients often confuse severe eczema with RSS so improvement is never achieved.